



# WARRIOR GUIDES

A Mentoring Program  
Sponsored by the



### **The Foundation's Mission:**

The mission of the Andrew L. Hicks, Jr. Foundation is to share the love of Christ by connecting two culturally diverse communities, empowering their youth through mentorship and leadership, and building dynamic futures.



### Club Description:

**Warrior Guides** is a Henderson High School mentoring club that is open to every Henderson High School student in grades 9-12 who understands the **Mission** and **Aims** of the club and is willing and able to meet its **Expectations**, and follows the **Rules** of the club. The club works with 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> grade students, called **Braves**, from several elementary schools in Chester, PA.

These **Braves** also understand the **Mission** and **Aims** of the club and are willing and able to meet the **Expectations** set for every mentee and will follow the **Rules** of the club.

### Mission:

The **Mission** of the Warrior Guides club is to form one-on-one relationships between Henderson High School students (Guides) and Chester children (Braves) in need of role models, and to create events that will give opportunities for the mentors/Guides and mentees/Braves to have experiences together which can grow their relationships and foster mutual respect, appreciation, integrity and trust.

### Aims:

The **Aim** of the club is for each **Brave** to: better understand his/her personal worth and potential; make thoughtful and moral choices for themselves, as demonstrated by his/her mentor; and learn to trust that his/her Guide will reliably encourage and challenge him/her to greater achievements.

The club also **Aims** for each **Guide** to: develop a sense of value and responsibility as a mentor, and his/her capacity to enrich the life of their Brave; and to cultivate his/her social awareness, encouraging the high school students to engage as social entrepreneurs.

## **RULES for PARTICIPATION**

### **All Warrior Guides (mentors) must adhere to the following rules:**

1. All Guides who will be turning 18 years old prior to the end of the school year must complete the following at the time of their 18<sup>th</sup> birthday:
  - a. Criminal Background Check
  - b. Child Abuse Clearance
  - c. Name check against the National Sexual Offenders Registry
2. No social media (Facebook, Instagram, Snapchat, Twitter, etc.) relationships with any of the Chester children in the Warrior Guides program.
3. No personal visits with mentee unless given special permission.
4. No alcohol, tobacco, weapon, or firearms can be brought to any Warrior Guides event.
5. No harsh or foul language will be used at any Warrior Guides event.
6. The ALHjr Foundation is not responsible for any personal items brought to events, that may be lost or damaged.
7. If a Guide is concerned for the health and/or safety of his/her Brave, please report it to Nicole Goodson immediately for assistance.

### **All Braves (mentees) must adhere to the following rules:**

1. No social media (Facebook, Instagram, Snapchat, Twitter, etc.) relationships with any of the Henderson High School students in the Warrior Guides program.
2. No personal visits with mentee unless given special permission.
3. No alcohol, tobacco, weapon, or firearms can be brought to any Warrior Guides event.
4. No harsh or foul language will be used at any Warrior Guides event.
5. The ALHjr Foundation is not responsible for any personal items brought to events, that may be lost or damaged.
6. Every Brave agrees to never bring/use money at Warrior Guides events.

## EXPECTATIONS FOR GUIDES

### Conduct:

1. Every Guide will display role-model behavior and treat others with respect at every event.
2. Every Guide will bring a positive, encouraging attitude and patience to every event.
3. Every Guide will follow the policy and procedures of the Andrew L. Hicks, Jr. Foundation regarding contact with children.
4. Every Guide agrees to never bring/use money at Warrior Guides events.
5. Every Guide will refrain from using their cell phones, while spending time with Braves.
6. **Every Guide will make an effort to get to know his/her Brave on a personal level, establishing themselves as a "mentor" rather than a "buddy."**

### Registration & Participation:

1. An email and text message link will be sent 3 weeks prior to an event, for registration.
2. **Every Guide will register themselves and their Brave for each event, by the Registration Date on the invite. Guides will get 1 more reminder to register.**  
  
\*The Guide will receive a written warning for missing a Registration Date, an email will be sent to his/her parent. The third warning can also result in a dismissal from the program. (Inviting the Brave immediately after an invite is sent, and registering on time, establishes trust and communicates commitment from the Guide.)
3. Every Guide will attend at least 6 club-organized and scheduled events with their Brave/mentee during the course of the school year, even if the Brave is unable to attend.
4. Every Guide must formally decline an event invitation, by the Registration Date, if they cannot attend. \*Include a note in the message area when declining for our records.
5. If a Guide cannot attend he/she must inform Program Coordinator- Ashley Kleckner to assign them at the event.
6. **Guides and Braves must wear their Warrior Guide T-shirt to each event (provided). Replacement shirts cost \$10.**
7. **Guides must complete an "Exit Ticket" at each event, with your Braves responses, to receive the volunteer hours. We want to know that your relationship is progressing, or if you have any concerns each month.**

### Cost of Participation:

1. Every Guide will be expected to contribute \$50 to the club (checks payable to: Andrew L. Hicks, Jr. Foundation), due within 2 weeks of application. This fee helps to defer the event cost of monthly events. Can mail Cash, check or pay Venmo: @ALHjrFoundation  
  
\*Financial assistance is available if necessary.
2. This contribution is non-refundable if the Guide leaves or is dismissed from the program.

## EXPECTATIONS FOR BRAVES: (for your information)

### Conduct:

1. School rules apply at every event.
2. Every Brave will show respect to all Braves, Guides and Chaperones at the event.
3. Every Brave will show respect to all Braves and Chaperones on the bus, to and from events.
3. Every Guide will follow the policy and procedures of the Andrew L. Hicks, Jr. Foundation regarding contact with Guides.

### Registration & Participation:

1. Every Brave will attend at least 6 club-organized and scheduled events with their Guide/mentor during the course of the year, and will be paired with a different Guide if his or her own Guide is unable to attend that event.
  2. Every Brave must formally decline an event invitation, by the Registration Date, if he/she cannot attend. Inform the Guide of the reason for not attending, for our records.
  3. Braves must be picked up from an event on time. The Brave's parent/guardian will receive a phone call warning for late pick-up (later than 10 minutes after the scheduled pick-up time). Two late pick-ups may result in dismissal from the program.
- \*We must consider the safety of our staff, while they wait for late pick-ups in an empty parking lot at night.

### Cost:

1. Every Brave will be expected to contribute \$20 to the program (Cash, Check, or Money Order made out to: Andrew L. Hicks, Jr. Foundation). \*Financial assistance is available.
2. The fee is due within two weeks of the Application.  
\*Can mail cash, check, money order or Cash App: \$ALHjrFoundation
3. This contribution is non-refundable if the Brave leaves or is dismissed from the program.
4. Mail payments to: ALHJR, P.O. Box 177, Downingtown, PA 19335.

## TRIAL PERIOD

All participants, Guides and Braves, begin the program as a 60 day Trial Period.

Complete commitment to the program and your Warrior Guide “partner”, in the first 60 days, is absolutely critical to the success of your relationship for the rest of the year.

### **Guides:**

1. It is essential that the Guide confirms his/her Brave is coming to each event.
2. Calling to confirm, communicates interest and caring to the Brave.
3. Consistent communication with the Brave, and attention to him/her at events, is also the key to earning his/her trust.
4. Any Guide who does not contact his/her Brave in the first 60 days, will be dismissed from the program.
5. The remaining Brave will be assigned a new Guide as soon as possible, allowing enough time to develop a new healthy match. (New matches made later than December tend to struggle.)

### **Braves:**

1. It is essential that the Brave replies to the Guide immediately, when contacted.
2. Replying quickly, shows respect for the Guide’s time and effort in reaching out.
3. Consistent communication with, and attention to, the Guide is also the key to earning his/her trust.
4. Any Brave who does not reply to his/her Guide in the first 60 days, can be dismissed from the program.
5. The remaining Guide will be assigned a new Brave as soon as possible, allowing enough time to develop a new healthy match. (New matches made later than December tend to struggle.)

# Who Can Apply?

**Returning Guides:** If you were a part of Warrior Guides last year, you are certainly welcome to apply again! Applying does not guarantee you a spot, however. If your attendance last year fell below the expected six events, you will have to meet with one of the club's advisors before your application can be considered.

**9<sup>th</sup> – 12<sup>th</sup> Graders:** If you were not a part of Warrior Guides last year, we would love to have you apply! The Chester 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> graders need mature mentors to help them recognize their potential and value.

## **Who should not apply?:**

Consistently attending events, and contacting your Brave each month is essential to this being a rewarding experience for you and your mentee.

Please do not apply if you have multiple sports, clubs, after-school jobs, or other responsibilities that will keep you from attending each month. Check the event calendar first.

**Wait List:** We are adding a Wait List for any Guides who do not apply by the deadline. There may be a last minute opening if another Guide decides they cannot commit to the schedule, or an extra Chester Brave registers.

**Thank you and we are looking forward to seeing you in September!**

## Event Schedule- Guides

**Sunday, September 22, 1:00-4:00PM -Guide Orientation @ Henderson High School**  
**Guides report to HHS @ 1:00PM for a Handbook Review and Mentor training.**

**Thursday, September 26, 6:00-7:00PM— Guide Parent Meeting @ Henderson High Auditorium**  
This mandatory meeting is for all accepted Guides. Both students and parents must commit to coming to this short meeting about the Foundation and the importance of your role as a Guide.

**Sunday, October 6, 4:00PM-7:00PM - Team Building & Parent Intro @ CCSA- Chester, PA**  
**Buses arrive @ HHS: 2:30PM/Depart: 2:45PM/Return to HHS: 8:00PM.**  
Meet your Braves for an early dinner, and get to know each other with some activities.

**Sunday, October 20, 4:00PM-7:00PM - Game Night/Movie Night @ Christ Community Church- West Chester, PA. Guides arrive to Christ Community Church @ 3:30PM.**  
We will be enjoying a movie, outdoor games, and having taco night.

**Saturday, November 16 — TBD - Temple Football Game @ Philadelphia, PA**  
**12:00pm game = Buses arrive to HHS: 8:45AM/ Depart: 9:00AM/ Return to HHS: 3:30PM.**  
**3:00pm game = Buses arrive to HHS: 11:45AM/ Depart: 12:00PM/ Return to HHS: 6:30PM.**  
We will be tailgating with food and games, and attending the Temple Football Game.

**Sunday, December 8, 2:30PM-5:00PM- Christmas at United Sports, Downingtown**  
**Guides arrive @ 2:00PM.**  
This event will be fun for Guides and Braves to play a variety of sports and other games. This event will also be our Christmas Party

**Sunday, January 12, 5:30-8:00PM- Urban Air, Downingtown, PA**  
**Guides arrive to Urban Air @ 5:00PM.** Share dinner, bounce on wall-to-wall trampolines, play in the Foam Pit, or on the Slam Dunk Track! ***\*Additional waivers will be required for this event.\****

**Sunday, February 9— 5:00PM-8:00PM - Arnold's Fun Center—Oaks, PA**  
**\*Henderson students may drive or take the bus to this event**  
**\*Buses arrive to HHS:3:45PM/ Departs: 4:00PM/Returns to HHS: 8:45PM.** This event will begin with dinner and then you'll each have unlimited access to the go karts, laser tag, bumper cars, and Krazy Kars, PLUS 500 Play Pass points to use in the arcade.

**Sunday, March 15, 2:00-5:00PM – Field Day @ Henderson High School-West Chester, PA**  
**Guides arrive to Urban Air @ 1:30PM.**  
We will be participating in some fun activities outside and inside - rain or shine! Come dressed for physical activity.

**Saturday, April 18, 10:00-2:00PM- Community Collaboration Day / Service Day - Chester, PA**  
**Buses arrive to HHS: 8:30AM/ Depart: 8:45AM/ Return to HHS: 3:00PM.**  
This is a mandatory event for all Guides and Braves, as giving back to the Chester community is of primary importance to the Warrior Guides program. Everyone will be assigned a service project at one of many locations around the city.

Please look at this schedule carefully when deciding if you'd like to apply to be a Guide. Remember, you have to attend at least six events. Dates may



## Events Have a Deeper Purpose

Studies show that children growing up in stressful environments, struggle to develop the social-emotional skills they need to survive and succeed. You are helping them to improve these skills at each event!

**PA Standards for Student Interpersonal Skills** - *"A key component in the development of young people, who are articulate, team players, responsible and goal oriented."*

Category	Skill	Descriptor
<b>Self-Awareness &amp; Self-Management</b>	Managing Emotions & Behavior	Examine the impact of emotions & responses on view of self & interactions with others.
	Influence of Personal Traits on Life Achievements	Analyze impact of a variety of personal traits on relationships & achievement throughout life.
	Resiliency	Apply protective factors & healthy coping skills when encountered with adversity. (Goal for 9 <sup>th</sup> -12 <sup>th</sup> gr. Using for 5 <sup>th</sup> -th gr. because children living in adverse situations need to develop this skill at earlier age)
	Goal Setting	Apply goal setting into academic & life decisions.
<b>Establishing &amp; Maintaining Relationships</b>	Relationships	Establish relationships positive & supportive of others.
	Diversity	Recognize & tolerate the uniqueness of all people in all situations.
	Communication	Engage in reciprocal communication with adults & peers. (Kindergarten skill many Braves are still developing.)
	Managing Interpersonal Conflicts	Identify & apply appropriate ways to resolve conflict.
	Support: Asking for Help	Determine who, when, where, or how to seek help for solving problems.
<b>Decision Making &amp; Responsible Behavior</b>	Decision Making Skills	Recognize that there are consequences for every decision which are the responsibility of the decision maker.
	Understanding Social Norms	Demonstrate understanding that there are socially acceptable ways to behave in different places.
	Responsible Active Engagement	Actively engage in healthy relationships and positive responsibility when observing negative behavior.

## Communicate & Connect

Get to know each other better each month, with these important questions. This will help you to start conversations with quiet Braves, share about yourself, and connect on a deeper level. Chat at the meal or during the event.

**You must complete an Exit Ticket at each event, with your Braves responses, to receive the volunteer hours.** We want to know that your relationship is progressing, or if you have any concerns each month.

<b>OCT #1</b>	INTERESTS/ SCHOOL	<ul style="list-style-type: none"> <li>•What do you do for fun? Hobby? Sports?</li> <li>•What is your hidden talent or something you can share with each other?</li> <li>•What is something you would like to learn how to do?</li> <li>•What school do you go to? What do you like about it? Not like?</li> <li>•What is your teacher like?</li> </ul>
<b>OCT #2</b>	FRIENDS	<ul style="list-style-type: none"> <li>•Who is your best friend?</li> <li>•What do you do together for fun?</li> <li>•Why do you like them? What makes them a good friend?</li> </ul>
<b>NOV</b>	FAMILY	<ul style="list-style-type: none"> <li>•What does your family do for fun together?</li> <li>•Who lives in your house with you? Other family? What is that like?</li> <li>•What is it like at your house? Quiet/lonely/strict/busy/loud/messy?</li> </ul>
<b>DEC</b>	HOLIDAY TRADITIONS	<ul style="list-style-type: none"> <li>•What does your family do for the holidays? Special traditions?</li> <li>•What does your holiday meal look like? Favorite dishes?</li> <li>•What are you hoping to get for Christmas? (if celebrating)</li> </ul>
<b>JAN</b>	CHECK-IN/ PROGRESS	<ul style="list-style-type: none"> <li>•How are things in school? Grades? Teacher?</li> <li>•How are you feeling about that friendship/relationship? (parent, friend, sibling)</li> <li>•Is there something I can do to make you feel more supported?</li> <li>•Is there anything I can do to make our relationship stronger?</li> </ul>
<b>FEB</b>	FOLLOW UP	<ul style="list-style-type: none"> <li>•Follow up- Last time you mentioned...</li> <li>•What was the most fun thing you did this weekend/at this event/this summer, etc.?</li> <li>•Is there anyone you are having trouble with? How can we work on that?</li> </ul>
<b>MAR</b>	SELF- REFLECTION	<ul style="list-style-type: none"> <li>•Follow up- What happened with...</li> <li>•What was the most challenging part of this event/camp/ school, etc.</li> <li>•If you could have done anything differently today, what would it be?</li> </ul>
<b>APR</b>	YEAR IN REVIEW	<ul style="list-style-type: none"> <li>•Favorite event and why?</li> <li>•What was the most challenging part of being a WG?</li> <li>•Summer plans?</li> </ul>