

Dear Students,

Thank you for your interest as a Counselor at the Andrew L. Hicks, Jr. Foundation-**Camp Lionheart** this summer. The participation and cooperation of high school and college students, is critical in making this fun week a success. We have high hopes for an outstanding five days of service and fun with the children of Chester.

#### **CAMP INFORMATION**

- <u>Dates</u>: Sunday, August 5<sup>th</sup> at 10am, through Thursday, August 9<sup>th</sup> at 4pm.
- Location: NorthBay- 11 Horseshoe Point Lane, North East, MD 21901.
- Mandatory Meeting for Accepted Counselors/Chaperones: Thursday, June 21st from
   7:00pm until 9:00pm at the Hicks' home, located at 914 Kenmara Drive in West Chester.

#### **Application Guidelines**

- Applicants must be incoming high school sophomores and older.
- We may not be able to take everyone who applies due to camp size limitations.
- All applicants will be notified about acceptance by Friday, May 25<sup>th</sup>.
- The cost of camp per counselor (cabin and meals)= \$185.
- A Camp Lionheart shirt = \$10. TOTAL COST= \$195 (camp and shirt)
- A Staff shirt, if you do not have one already= \$10 more.
- If you would like to apply but can't provide the fee, please ask Mrs. Julie Bernard privately about a scholarship opportunity.

#### COMPLETED APPLICATION PACKET: DUE- FRIDAY, MAY 4<sup>th</sup>

- \*Return to: Kaitlyn Knott-Henderson High School / Room 236
- \*Mail to: Julie Bernard / P.O. Box 177 / Downingtown, PA 19335
- If you are accepted to attend as a Counselor, the Fee is DUE- Thursday, June 21<sup>st</sup> at the Mandatory Counselor Meeting.
- The Health History Form DOES NOT need to be completed by a doctor. A parent or guardian can complete it. No immunization records are required, except for a date for the most recent tetanus shot, and no physical examinations are required.
- If medications are necessary during camp, a physician MUST complete the Medical Authorization form for Counselors who will not be 18 years old by August 5<sup>th</sup>. No Medical Authorization Form is needed for Counselors who will be 18 by August 5<sup>th</sup>. All medication will be kept in the nurse's office at camp, and will be self-administered by any Counselor 18 yrs. or older.
- Every Counselor who is 18 years old by August 5<sup>th</sup> must complete a Criminal Background Check and turn in a Child Abuse Clearance. If you turned one previously, no update is needed. Directions on how to complete these clearances are found on our website under the tab "Get Involved" and "Volunteer". Child Abuse Clearances take up to six weeks to process, so do not wait!



**<u>Call</u>**: 1-866-ALHJR10, Select Option 0- Camp Lionheart.

Email: Julie@alhjr.org

Thank you again for your interest and support!

Sincerely, Niki Goodson Program Director



# Camp Lionheart 2018 Counselor Job Description

<u>General Description</u>: To identify and meet camper's needs while administering a quality camp program that reflects the core values and initiatives of the Foundation.

#### Qualifications:

- Desire and ability to work with children in a camp environment.
- Full and enthusiastic participation in all learning and adventure activities.
- Provide supervision and guidance to children in accordance with the training guidelines set forth by the Foundation and NorthBay.
- Ability to accept guidance from Adult Chaperones and Directors and relate and work with a diverse staff.
- Enthusiasm, honesty, sense of humor, patience and self-control.
- Incoming High School Juniors and older.

#### **Responsibilities:**

- Always be an excellent role model for your campers!
- Attend all pre-camp training & all activities scheduled while at camp.
- Set a good example for campers and others including cleanliness, punctuality, sharing in chores, sportsmanship and manners.
- Display and encourage respect for personal property, camp equipment, and facilities.
- Keep personal issues separate from the campers and manage personal time in accordance with camp and Foundation policies.
- Cell Phones use is limited in front of campers. It can send a message to campers that you are disinterested in them, camp activities, etc.
- Phones are only visible for taking photos and posting photos to social media. Use your best judgement.
- WHEN POSTING ON FACEBOOK- TAG THE FOUNDATION. Parents love to see pics!
- Cell Phones are NOT PERMITTED AT THEATER, POOL, OR DINING HALL.
- Participate in adventure activities and afternoon programing: to model good sportsmanship, provide encouragement, and support staff in managing activities.
- Carry out established roles for supervising campers and instructing and enforcing safety and emergency procedures and regulations as set forth in the counselor training.
- Supervise all aspects of the campers' day including, but not limited to: morning wake-up, cabin cleanup, or unit duties, meal times, rest hour, evening activities, getting ready for bed, and after-hour duties as assigned.
- Act in accordance with your school district laws. The possession and use of tobacco, alcohol and/or drugs is strictly forbidden.
- Have fun and enjoy the experience!

# 2018 Camp Lionheart Counselor Important Dates

Counselor Applications Due: Friday, May 5<sup>th</sup>

Mail to: Julie Bernard

P.O. Box 177

Downingtown, PA 19335

Julie@ALHJR.org 1-866-ALHJR10

Counselors Notified of Acceptance: Friday, May 25, 2018

Mandatory Counselor/Chaperone Mtg: Thursday, June 21st 7pm – 9pm

Hicks' home

914 Kenmara Drive West Chester, PA 19380

Camp Lionheart: Report to camp- Sunday, August 5<sup>th</sup> at 10am

Depart from camp- Thursday, August 9<sup>th</sup> at 4pm

NorthBay

11 Horseshoe Pont Lane North East, MD 21901

443-967-0500

www.northbayadventure.org

For questions during Camp Lionheart, please call Julie (215) 823-9726.

\*\*\*PLEASE RETAIN FOR YOUR RECORDS\*\*\*



## **Camp Lionheart**

Aug. 5- Aug. 9, 2018

## **Counselor Application**

Due: Friday, May 4th

Full Name:		DOB:	/	/	Gender:	
School:		Grade going i	nto:		T-shirt size:	
Home Address:						
City, State, Zip:						
Cell Phone #:	Em	ail:				
Guardian #1 Name:			Re	lationship	:	
Cell#:	Email:			Resides	with Guardian #1: Yes	No
Guardian #2 Name:			Re	lationship	:	
Cell#:	Email:			Resides	with Guardian #2: Yes	No
Work & Camp Experience						
Employer:		From: _			To:	
Nature of Work:						
Camp Experience:			D	ates:		
Camper: Staff: St						
				_		
References						
People who have knowledge	of your character, exper	rience & ability. No relativ	es plea	ise.		
Full Name:		Re	elation	ship:		
Full Address:				Cell	#:	
Full Name:		Re	elation	ship:		
Full Address					#•	

## **General Interests**

In the following section, please share with us what you enjoy doing in your free time. Please list your favorite hobbies or interests, and discuss your specific gifts or talents. Give us some insight into your personality and your uniqueness.
Miscellaneous Information
Do you have any impairment - physical, emotional or mental - which would interfere with your ability to perform the job as a Counselor? If yes, please explain:
Have you ever been convicted of a criminal charge? If yes, please explain:
Please list any extracurricular activities or community service you have participated in:
Please list any leadership positions you have held or currently hold:

Are you planning on using this camp as your graduation project	?
Please tell us about your expectations. What do you expect will the Chester children will get out of camp? What do you expect t	
The five core values that we are trying to instill in the campers of Community, Self-efficacy and Temperance. Camp Counselors at How can you be an integral part of instilling these values at Camp	re the most important people to be teaching these values.
Please include a one-page Personal Statement that will help Counselor at Camp Lionheart. It is important to describe you camp. Be sure to include what you believe will be your bigg and how you hope to overcome this challenge.	our motivation for wanting to participate in this week of
Disclaimer and Signature	
I assert that all information provided in this application is true ar	nd accurate:
Signature:	Date:

Mail or email completed applications to:

Julie Bernard P.O. Box 177 Downingtown, PA 19335 Julie@ALHjr.org 1-866-ALHJR10

## Andrew L. Hicks, Jr. Foundation Camp Lionheart Waiver Form

I am the parent or legal guardian of	
(the "Counselor") who wants to attend Camp Lionh Andrew L. Hicks, Jr. Foundation. I agree to sign the can attend camp. I promise the information given	neart and participate in activities sponsored by the his Consent and Liability Release Form so my child
ropes course, involve certain risks, including the riscounselor to participate in all of the activities while that the Counselor and I assume all risks. I understraveling in NorthBay owned and operated passen behalf of the Counselor to release the Andrew L. H.	rt, including canoeing, kayaking, boating, hiking, g, zip line, sport activities, nature activities, and the sk of serious injury. I give my permission for the at NorthBay and agree on behalf of the Counselor stand that certain camp activities may include ger vehicles. I also agree both for myself and on licks, Jr. Foundation its employees, agents, and s, injuries, and liabilities of any kind that happen while nnected in any way to the NorthBay program, or
and covenant not to sue the Andrew L. Hicks, Jr. F officers, employees, representatives, agents, and	
I have read and fully understand the above release substantial rights by signing this waiver voluntarily.	
Parent/Guardian Name (print):	Date:
Parent/Guardian Signature:	
Parent Signature:	Date:
medical attention necessary throughout the day. I	embers or Staff members permission to initiate any we understand that an Andrew L. Hicks, Jr. ake every effort to make contact in the event medical
Parent/Guardian Signature	Date:



## **HEALTH INFORMATION FORM**

### To be completed by Parent or Guardian

NorthBay wants the camp experience to be a safe and healthy one. However, in the event of an accident or illness, it is important that we have the following information including medical history, insurance information, permission to give selected over the counter medications, and custodial parent signatures.

SCHOOL NAME: Andrew L. Hicks, Jr. Foundation Camp Lionheart DATES AT CAMP: Aug. 5 - Aug 9, 2018

Please print all information and ensure that it can be read by others

•	CAMPER INFO	ORMATION				
Last Name:	First Name:		M.I.	Date of Birth:	Grade:	
			1			
Medical Insurance Information: (to be used i						
Company:		Policy Nur	mber:			
	HISTORY					
Camper's Primary Care Physician:		Office Telephon	e Number:			
		Office Fax Num	ber:			
Health History (check if applicab	ole & explain)	Aller	gies (check if	applicable & expl	ain)	
□ Asthma						
☐ Diabetes (a NorthBay diabetic order for	m must be completed)	□ <u>Allergy</u> to Me	dications			
☐ Heart Condition ☐ Bleeding/Clotting disorder						
Seizures Type:		□ Foods				
□ Seizures Type: ADHD □ ADD		□ Insects				
□ Psychological issues		☐ Severe Poison	Ivy reaction			
□ Anxiety □ Depression □ Anger N	Management	□ Other: Please lists				
□ Mood disorder						
□ Autism □ Asperger's Syndrome		Diet / Nutrition				
☐ Recent illness/injury/infectious disease						
□ Sleepwalking		□ Eats a regular	diet			
□ Bedwetting		□ Eats a vegetarian diet				
□ Recent Hospitalizations or Major Surgery		☐ Has special food needs (describe below)				
□ Other not listed	· · · · · · · · · · · · · · · · · · ·					
□ Date of Last Tetanus Shot:						
☐ Takes medication every day (A medication						
completed for all medications to be taken while at camp)						
Does the camper need his/her physical activity restricted   No Yes – explain						
Please provide any additional information th	at we need to know to en	sure your child's	camp experier	nce is a positive one	e:	

Revised 11/2015



## PARENT / GUARDIAN CONSENT AND LIABILITY RELEASE FORM

At NorthBay, health, safety and supervision are paramount. The approach to safety and risk management is accompanied with competence, judgment and purposeful sound programming. The children's safety and well-being is everyone's concern. As a policy of NorthBay we require that a Release of Liability Form be signed as a requirement to attend camp.

I am the mount on level mondion of	(the "Common") from (calcal name)	1
I am the parent or legal guardian ofattend camp and participate in activities sponsored by NorthE child can attend camp. I promise the information given on the know. It is true that the Camper has had all immunizations restrate the school has these records.  LIABILITY RELEASE - I understand that participating in so water skiing, hiking, swimming, snorkeling, tubing, fishing, certain risks, including the risk of serious injury. I give my pagree on behalf of the Camper that I and the Camper assume owned and operated passenger vehicles. I also agree both for related entities from and against any and all claims, injuries, activity connected in any way to the NorthBay program, or cobe responsible for claims caused by the gross negligence or in programs to provide the best possible experience for our visit research on campus. This research involves observing our prooffidential. Students are not held responsible for any of the accomplishments of our programs and what we are learning, form, you are consenting to allowing your son/daughter to passurvey with no fear of any consequences or penalties.	nis Health Form is complete and accurate as far as I, the unequired by the Maryland DHMH Recommended Childhoo ome of the activities sponsored by NorthBay, including carock climbing, zip line, sport activities, nature activities, all risks. I understand that certain camp activities may in myself and on behalf of the Camper to release NorthBay and liabilities of any kind that happen while the Camper a caused by any inappropriate behavior on the part of the carontentional misconduct of NorthBay. At NorthBay, we are ting students. As part of this effort, an external evaluation rograms and conducting simple surveys with visiting students are survey responses. The research occasionally results in pass that other programs like ours can learn from our work.	ndersigned parent or guardian, d Immunization Schedule and noeing, kayaking, boating, and the ropes course, involve ties while at NorthBay and clude traveling in NorthBay, its employees, agents, and attends camp, doing any mper. However, NorthBay will always trying to improve our team periodically conducts ents. All data are kept strictly publications that report on the By signing this permission campus to refuse to take any
HEALTH CONSENT – I have legal authority to consent to recamp activities except as noted. If I cannot be reached while provide routine health care or emergency treatment and to relunderstand that NorthBay personnel will notify me immediat or that significantly diminishes the Camper's ability to have a hereby give permission to the physician selected by the Campchild is confidential and protected under state and federal law information with his/her health care provider if my child is il permission for the camp medical personnel to share informat protect his/her health and safety. I give permission to the Cart to camp with them in accordance with Maryland law. I unde emergency transport, hospital treatment or medications needed or prescription claims to my insurance provider.	my child is at camp, I give permission to the medical pers- lease any records necessary for treatment, billing, referral tely of any illness or injury that requires significant medical a successful camp experience. In the event that I cannot be up to treat him/her for any injury/illness. I understand medical w. I give permission for the Camp medical personnel to dial, injured, have any medical or psychological concerns, or tion about my child with his Camp teachers, counselors, and mp to administer any prescription or non-prescription medical erstand that I am responsible for any medical expense occur	sonnel selected by NorthBay to or insurance purposes. I al attention or hospitalization e reached in an emergency, I lical information about my scuss my child's medical take medications. I give and dining when necessary to lications that the student brings arred while at camp for
AUTHORIZATION FOR OVER-THE-COUNTE during camp, we would like the opportunity to make counter medications that can be administered by Nor the NorthBay Medical Director using the recommend child's minor discomforts and avoid being sent home use only. If your child requires any medication on a your health care provider and supply the medications medications to my child while at NorthBay (check all Camper.	e your child as comfortable as possible. Therefore, be rthBay personnel with your authorization. These med ded doses from the manufacturers. This service is p e early from camp. The below approved medications regular basis, you must have a medication authoriza s. I consent to the administration of the below indica	elow is a list of over-the- dications are approved by rovided to alleviate your are intended for occasional ation form completed by ted over-the-counter
☐ Acetaminophen (generic for Tyll☐ Ibuprofen (generic for Advil and☐ Calamine Lotion (for itching)☐ Hydrocortisone Cream (for itching)	d Motrin)  □ Loratadine (generic for Claritin  □ Diphenhydramine (generic for	n)
PUBLICITY RELEASE – I give permission to NorthBay the	e right to use, reproduce, and/or distribute photographs, fil	ms. video-tapes, and sound

recordings of my child, without payment or approval rights. For use in materials created for promoting NorthBay. The laws of the State of Maryland shall govern the rights and obligations of the parties to this Release and the interpretation, construction, and

enforceability thereof. I agree on behalf of the Camper and myself that any lawsuit brought against NorthBay shall be brought solely in the Circuit Court for Cecil County, Maryland and, in connection with any such lawsuit, I agree on behalf of myself and the Camper that the trial will be conducted and determined by the Judge assigned to such trial, and voluntarily waive any right the Camper or I may have to a jury trial. Signature of parent/guardian:

Parent
must sign
horo

Printed name of parent/guardian:

Date:

## <u>NORTHBAY</u> <u>MEDICATION AUTHORIZATION FORM</u>

This form MUST BE COMPLETED <u>FULLY</u> in order for NorthBay to administer the required medication/s List all medications to be taken while at camp on the form below with all the required information about each one. A new Medication Authorization Form must be completed each time there is a change in dosage or time of administration of a medication. If the student is bringing more than 4 medications use another copy of this form for the remaining medications.

- Prescription medication MUST be in a container labeled by the pharmacy or physician with the student's name, dosage and expiration date. At least one dose of prescription medication must be given at home prior to the student's arrival at camp.
   Per Maryland regulation, sample medications cannot be administered to the camper.
- Non-prescription medication Per Maryland regulation, all non-prescription medications that are not listed on the NorthBay Consent/Liability Release Form must be listed below followed by a physician's signature. This includes vitamins, homeopathic and herbal medications and cough/cold medications. All non-prescription medication MUST be in the original manufacturer's container labeled with the dosage instructions and the expiration date.

School/Group Name:						
Student Name:	ent Name: Date of Birth:					
Medication Name:	Strength	Dosage (per dose)	Route:	Reason medic	cation is being administe	ered:
Γime/frequency of admini	stration:   Breakfas	st 🗆 Lunch 🗆	 Dinner □	Bedtime 🗆 Ot	ther	
f PRN: everyhrs						
Relevant side effects:   ne	one expected   Spec	eify				
Medication Name:	Strength	Dosage (per dose)	Route:	Reason medic	eation is being administe	ered:
Time/frequency of admini	stration:   Breakfas	st 🗆 Lunch 🗆	Dinner [	Bedtime 🗆 Ot	ther	
f PRN: everyhrs						
Relevant side effects:   ne	one expected $\square$ Spec	eify				
Medication Name:	Strength	Dosage (per dose)	Route:	Reason medic	cation is being administe	ered:
			D.			
			Dinner [	Bedtime □ O	ther	
f PRN: everyhrs	For what symptoms	S:	Dinner [	Bedtime 🗆 Ot	ther	
f PRN: every hrs Relevant side effects: n	For what symptoms one expected   Spec	s: eify				
f PRN: everyhrs	For what symptoms	s: eify			eation is being administ	
f PRN: every hrs Relevant side effects: new Medication Name:	For what symptoms one expected $\square$ Spec	cify  Dosage (per dose)	Route:	Reason medic	eation is being administ	ered:
f PRN: every hrs Relevant side effects: new medication Name:  Time/frequency of admini	For what symptoms one expected   Strength  Stration:   Breakfas	cify  Dosage (per dose)  at □ Lunch □	Route:	Reason medic	eation is being administ	ered:
If PRN: everyhrs Relevant side effects: □ no Medication Name:  Time/frequency of adminitif PRN: everyhrs	For what symptoms one expected   Strength  Stration:   Breakfas  For what symptoms	Dosage (per dose)	Route:	Reason medic	eation is being administ	ered:
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f PRN: everyhrs Relevant side effects: □ no  Medication Name:  Time/frequency of admini f PRN: everyhrs Relevant side effects: □ no  PRESCRIBER S	For what symptoms one expected  Strength  Stration:  Breakfast For what symptoms one expected  Spectrum Spectru	Dosage (per dose)  Lunch  Signify  CRIBER AU	Route: Dinner	Reason medical Bedtime    IZATION	eation is being administent	ered:
f PRN: everyhrs Relevant side effects: □ no  Medication Name:  Time/frequency of admini f PRN: everyhrs Relevant side effects: □ no  PRESCRIBER S	Strength  Stration:   Breakfast  For what symptoms one expected   Special Strength  Stration:   Breakfast  For what symptoms one expected   PRESO  IGNATURE:	Dosage (per dose)  to Lunch  s: cify  CRIBER AU	Route: Dinner	Reason medical Bedtime	eation is being administent ther	ered:
f PRN: everyhrs Relevant side effects: □ no  Medication Name:  Time/frequency of admini f PRN: everyhrs Relevant side effects: □ no  PRESCRIBER S	Strength  Strength  Stration:   Breakfast  For what symptoms one expected   PRESO  IGNATURE:  Id Name/Title:	Dosage (per dose)  Lunch  Signify  CRIBER AU	Route:  Dinner  THOR	Reason medical Bedtime    IZATION  elephone:	cation is being administed ther	ered:
f PRN: everyhrs Relevant side effects: □ ne  Medication Name:  Time/frequency of admini f PRN: everyhrs Relevant side effects: □ ne  PRESCRIBER S  Prescribers Printed	For what symptoms one expected  Strength  Stration:  Breakfast For what symptoms one expected  Spector  PRESO  IGNATURE:    PARENT/	Dosage (per dose)  Et □ Lunch □  S:  Eify  CRIBER AU  GUARDIAN	Route:  Dinner  THOR  TO AUTH	Reason medical Bedtime    IZATION  elephone:	cation is being administe ther Date: Fax:	ered:
f PRN: everyhrs Relevant side effects: □ no Medication Name:  Fime/frequency of admini f PRN: everyhrs Relevant side effects: □ no  PRESCRIBER S Prescribers Printed  request that designated care	For what symptoms one expected  Strength  Stration:  Breakfast For what symptoms one expected  Spector  PRESO IGNATURE:  PARENT/  amp personnel admir	Dosage (per dose)  St	Route:  Dinner  THOR  TAUTH  tion above	Reason medical Bedtime    IZATION  elephone:  IORIZATIO  as prescribed	cation is being administed.  ther Date: Fax:  ON by the above prescriber.	ered:
A request that designated can be reducation while at camp.	Strength  Strength  Strength  Strength  Strength  Strength  Strength  Strength  For what symptoms one expected   PRESO  IGNATURE:  PARENT/  Tamp personnel admir onsent to medical trea	Dosage (per dose)  Lunch  SE  CRIBER AU  GUARDIAN  mister the medican  atment for the stu	Route:  Dinner  THOR  TAUTH  Tion above ident nam	Reason medical Bedtime    IZATION  elephone:  IORIZATIO  as prescribed led above, inclu	cation is being administed ther Date: Fax: ON by the above prescriber ding the administration	ered:
Relevant side effects: □ new Medication Name:  Time/frequency of adminitify PRN: everyhrs Relevant side effects: □ new PRESCRIBER S Prescribers Printed  Trequest that designated can be requested authority to come dication while at camp. State and federal law.  PARENT/CHARLEST	Strength  Streng	Dosage (per dose)  Lunch   Lunch   CRIBER AU  GUARDIAN  inster the medical atment for the stu  o medical staff to	Route:  Dinner  THOR  To AUTH  tion above ident nam communication	Reason medical Bedtime    Bedtime    On the search of the	Date: Fax:  Dy the above prescriber ding the administration ealth care provider as all	ered:  I certify of llowed by
A request that designated can have legal authority to comedication while at camp. State and federal law.  PARENT/GUAF	Strength  Strength  Strength  Strength  Strength  Stration:   Breakfast  For what symptoms one expected   PRESO  IGNATURE:  PARENT/  Samp personnel admir onsent to medical treat I authorize the camp	Dosage (per dose)  Lunch   Lunch   CRIBER AU  GUARDIAN  Inister the medical atment for the stu  Domedical staff to	Route:  Dinner  THOR  To AUTH  tion above ident nam communication	Reason medical Bedtime    Bedtime    IZATION  Elephone:  LORIZATIO  Elephone:  As prescribed bed above, included above, included the bedtime    Bedtime	cation is being administed ther Date: Fax: ON by the above prescriber ding the administration	. I certify of

Signature of Camp RN:

## **Medication Guidelines**

## MEDICATIONS ARE NOT ALLOWED TO BE KEPT IN THE CABINS; THEY MUST BE SECURED IN THE WELLNESS CENTER AT ALL TIMES WHILE AT CAMP

## <u>In order for NorthBay medical staff to administer medications you must provide</u> <u>ALL of the items below:</u>

- 1. Medication Authorization Form listing all of the medications brought to camp
- 2. Parent/guardian signature at the bottom of the Medication Authorization Form
- 3. Physician signature at the bottom of the Medication Authorization Form
- 4. A pharmacy label showing the name of the student, medication, strength and dosage instructions on EVERY prescription medication including inhalers, nasal sprays, cream, disc's, etc.
- 5. Over the counter medications must be in their original containers medication in baggies or pill-a-day containers will not be accepted.
- While the student is at NorthBay, all of their prescription and over the counter/non-prescription medication will be secured in the Wellness Center and can be administered by the Wellness Center staff. Before any medication can be administered a NorthBay Medication Authorization Form must be completed and signed by the prescribing physician and by the student's parent/guardian for EACH MEDICATION that is to be given. If the student already has a medication form on file with the school a copy of that form may be sent in lieu of the NorthBay Medication Form as long as it is signed by both the prescribing physician and the parent/guardian. If you are submitting a copy of the school medication form please insure that all the administration times for an entire 24 hours are listed on that form. These forms are due to NorthBay at least 2 weeks prior to the student's arrival.
- All medications that are to be given while at camp MUST be in their original container (box, pill bottle, etc.) They cannot
  be in a pill organizer, baggie or envelope. Prescription medications (including rescue inhalers) MUST have the pharmacy
  label attached to the container and it MUST match the signed NorthBay medication form in order for the student to
  receive the medication. Medications cannot be expired or more than 1 year past the original prescription date. Sample
  medications from a doctor's office cannot be administered while at camp.
- In the effort to ensure the safety of all students, medications cannot be packed in the student's luggage. All medications (including any self-carry medications) must be given to a designated school staff member prior to leaving the school then delivered to the NorthBay Wellness Center immediately upon arriving at camp. The medications will be secured in the Wellness Center for the duration of the camp and returned to school personnel at the end of the week. The medications will be returned to the parent/guardian after returning back to the school at the end of camp. The student cannot keep any medication (other than self-carry medications) in his/her cabin or give medication to his or herself. All medications that the student wishes to self-carry will be redistributed to the students after they arrive at camp and after approval is obtained by the NorthBay RN.
- **Self-Carry Medications:** The following are the only medications that can be carried by the student while at camp with permission of the NorthBay RN: rescue inhalers (Albuterol, ProAir, Ventolin, Zopenex), Epi-Pens and insulin used while in insulin pumps. These medications must be in the control of the student, educator or counselor/chaperone at all times while at camp and be self-administered with an adult's supervision. If you would like the student to self-carry any of the above medications please send two of each medication so one can be kept in the Wellness Center for quick access during any emergency.
- Over-the-counter medications: The following over-the-counter (OTC) medications can be given as needed by the Wellness Center staff while the student is at camp: Acetaminophen (Tylenol), Ibuprofen (Motrin, Advil), Calamine Lotion, Diphenhydramine (Benadryl), Triple Antibiotic Ointment (for minor cuts/scrapes), & Loratadine (Claritin). Before the student can receive any of these medications the parent/guardian must check the boxes beside the medications that the student is allowed to receive then sign the Parent/Guardian Consent that is on the back of the North Bay Health Form. These are the only OTC medications that the student can receive with just the parent/guardian's consent. If your student requires any medication on a regular basis that is not listed above (i.e. cold medication, cough medication) you must complete a NorthBay Medication Form (signed by a physician) and supply the medication/s while the student is at camp.
- Please call the staff at the Wellness Center if you have any questions (443) 674-9035

## COUNSELOR CHECK LIST

Read the Counselor Welcome Letter thoroughly.
Read the Counselor Job Description thoroughly.
Completed and Returned all Counselor Registration forms. DUE 5/4.
<ul> <li>□ Counselor Application Form, including Essay.</li> <li>□ Andrew L. Hicks, Jr. Foundation Waiver</li> <li>□ Health Information Form (must include)</li> <li>□ Copy of Insurance Card (front and back)</li> <li>□ Parent/Guardian Consent &amp; Liability Release Form</li> <li>□ Medication Authorization Form ONLY if I am planning to bring prescription medication to camp and I will not be 18 years old by 8/5/18. *Prescription must be in original container.</li> </ul>
Completed a Child Abuse Clearance if I am going to be 18 years old by 8/5/18.
Completed a Criminal Background Check if I am going to be 18 years old by 8/5/18.
Paid the \$185 fee; \$195 if I need an Andrew L. Hicks, Jr. Foundation STAFF T-shirt. DUE BY 6/21. Cash or check made payable to Andrew L. Hicks, Jr. Foundation

# PACKING LIST COUNSELORS & CHAPERONES

Bathing Suit (one piece or tankini for women)

Sun screen

Bug spray

Hat/Sunglasses

Shorts, T-shirts, one sweatshirt, one pair of sweatpants and underclothes. (Be prepared for hot weather and possibly cool evenings. Dress is casual and should be <u>appropriate</u> for working with children)

Sneakers or comfortable shoes for walking (two pairs; one must be a closed toe shoe) Flip flops for shower

One backpack (you may be asked to carry camper gear)

2 Towels (one for bathing and one for swimming)

Bedding (pillow, sheets, and light blanket provided. Can bring additional blanket-labeled and in a labeled bag).

Toiletries in a portable container

Stories to read to campers

Rain Gear

Flash light, important!

Watch, important!

Alarm Clock

### Optional:

Musical Instruments

Camera, although we will have a photographer!

If you bring an mp3 player or cell phone for time off, please keep in mind that each cabin has a safe for storage, but we are not responsible for damage or loss. *Valuables are not recommended at camp.*